

# LUNCH POLICY



#### **LUNCH BOX:**

Child's Name on the outside of the lunch box and an ice pack

#### **WATER BOTTLE:**

Child's Name on the outside



#### **MEAL REQUIREMENTS:**

Protein: 2 (meat or meat alternative)

Suggestions: deli turkey, cheese, beans, yogurt

**Bread:** 1 bread (or alternate) Suggestions: rice, pasta, or crackers

Fruits and Vegetables: 2 fruits, 2 vegetables, or 1 fruit and 1 vegetable



Lunch items need to be ready to serve (cut to preference, no frozen meals)

To ensure the safety of all students, we will refrain from serving food containing **eggs** or **nuts** in classrooms where a child has an allergy. If you have any questions, **please contact us**.

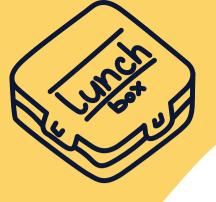
#### PLEASE DO NOT SEND:

**Peanuts or Peanut Butter** 



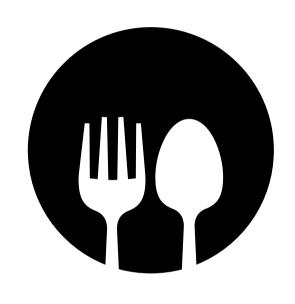
Juice Candy Pork (ham, pepperoni, salami) Shellfish (shrimp or crab)

Please cut up grapes



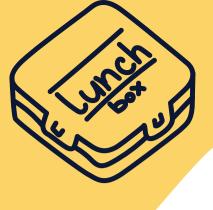
## HOME LUNCH EXAMPLES











### SCHOOL LUNCH EXAMPLES































